

ABSTRAK

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UNIVERSITAS MUHAMMADIYAH JEMBER
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Implementasi Fine motor Skills Pada Masalah Keperawatan Risiko Gangguan Perkembangan Anak Stunting di Keluarga Ny. L di Desa Sukorambi Jember.

viii + 43 halaman + 4 tabel + 8 lampiran

Abstrak

Latar Belakang: *Stunting* merupakan masalah gizi kronis yang dapat menyebabkan gangguan pertumbuhan dan perkembangan anak, termasuk keterlambatan perkembangan motorik halus. Anak *Stunting* memiliki risiko mengalami gangguan perkembangan akibat kurangnya asupan gizi dan stimulasi perkembangan yang tidak optimal. Salah satu upaya yang dapat dilakukan untuk meningkatkan perkembangan motorik halus adalah melalui implementasi fine motor skill seperti kegiatan menggambar dan mewarnai. **Tujuan:** Penelitian ini bertujuan untuk mengidentifikasi masalah risiko, implementasi *Fine motor Skills* serta mendeskripsikan hasil pada masalah keperawatan risiko gangguan perkembangan anak *Stunting* di keluarga Ny.L di Desa Sukorambi Jember. **Metode:** Penelitian ini menggunakan desain studi kasus deskriptif pada satu anak *Stunting* usia 3 tahun 8 bulan dengan intervensi selama tiga hari berturut-turut. Implementasi dilakukan melalui terapi fine motor skill berupa kegiatan menggambar dan mewarnai. Pengumpulan data dilakukan dengan wawancara, observasi, pemeriksaan fisik dan dokumentasi. **Hasil:** Setelah dilakukan implementasi selama tiga hari, terjadi peningkatan perkembangan motorik halus pada anak yang ditandai dengan meningkatnya kemampuan memegang pensil, menggambar, mewarnai, interaksi sosial, serta meningkatnya minat dan partisipasi anak selama kegiatan berlangsung. **Kesimpulan:** Disimpulkan bahwa anak stunting berisiko mengalami gangguan perkembangan motorik halus, namun pemberian stimulasi motorik halus secara teratur dan berkesinambungan dapat membantu meningkatkan kemampuan fine motor skills serta mendukung optimalisasi tumbuh kembang anak.

Kata kunci: stunting, fine motor skills, perkembangan anak, motorik halus.

ABSTRACT

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VOCATIONAL NURSING STUDY PROGRAM
FACULTY OF HEALTH SCIENCES**

**Scientific Paper
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Implementation of Fine motor Skills in Nursing Problems of Risk for Developmental Disorders in Stunted Children in Ny. L's Family at Sukorambi Village, Jember.

viii + 43 halaman + 4 tabel + 8 lampiran

Abstract

Background: Stunting is a chronic nutritional problem that can cause growth and developmental disorders in children, including delays in fine motor development. Stunted children are at risk of developmental disorders due to inadequate nutritional intake and suboptimal developmental stimulation. One effort that can be made to improve fine motor development is through the implementation of Fine motor Skills activities such as drawing and coloring. **Objective:** This study aims to identify risk problems, implementation of Fine Motor Skills and describe the results of nursing problems related to the risk of stunting in the family of Mrs. L in Sukorambi Village, Jember. **Method:** This study used a descriptive case study design involving one stunted child aged 3 years and 8 months with interventions carried out for three consecutive days. The implementation was conducted through fine motor skill therapy in the form of drawing and coloring activities. Data collection was carried out through interviews, observations, physical examinations, and documentation. **Result:** After three days of implementation, there was an improvement in the child's fine motor development, indicated by increased ability to hold pencils, draw, color, social interaction, as well as increased interest and participation during activities. In addition, the child's appetite also improved. **Conclusion:** The implementation of Fine motor Skills can help improve fine motor development in stunted children so that the risk of developmental disorders can be reduced. It was concluded that stunted children are at risk of experiencing fine motor development disorders, but providing regular and continuous fine motor stimulation can help improve fine motor skills and support the optimization of children's growth and development.

Keywords: Stunting, Fine motor Skills, child development, fine motor development.