

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER
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Skripsi, Juli 2026
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Hubungan Program Usaha Kesehatan Sekolah (UKS) dengan Perilaku Hidup Bersih dan Sehat Siswa SDN 01 Kedungrejo Lumajang
Jember, 2026

XIX + 113 Halaman + 3 Gambar + 21 Tabel + 1 Bagan + 16 Lampiran

ABSTRAK

Latar Belakang: Perilaku Hidup Bersih dan Sehat merupakan perilaku yang harus dibiasakan sejak usia sekolah untuk meningkatkan derajat kesehatan anak. Penerapan PHBS pada siswa sekolah dasar masih belum optimal. Salah satu upaya yang dilakukan untuk meningkatkan PHBS adalah melalui pelaksanaan Program Usaha Kesehatan Sekolah yang meliputi pendidikan kesehatan, pelayanan kesehatan, dan pembinaan lingkungan sehat. Penelitian ini bertujuan untuk menganalisis hubungan Program UKS dengan Perilaku Hidup Bersih dan Sehat siswa SDN 01 Kedungrejo. **Metode:** Penelitian ini menggunakan desain penelitian kuantitatif dengan metode korelasional dan pendekatan *cross sectional*. Populasi penelitian berjumlah 49 siswa kelas II–V SDN 01 Kedungrejo, dengan sampel sebanyak 44 responden yang dipilih menggunakan teknik *proportionate stratified random sampling*. Analisis data meliputi analisis univariat dan bivariat menggunakan uji korelasi *Spearman Rank* dengan tingkat signifikansi $\alpha = 0,05$. **Hasil:** Hasil penelitian menunjukkan bahwa Program UKS sebagian besar dinilai kurang oleh siswa sebanyak 21 responden (47,7%), dinilai cukup sebanyak 14 responden (31,8%), dan dinilai baik sebanyak 9 responden (20,5%). PHBS siswa sebagian besar berada pada kategori cukup sebanyak 20 responden (45,5%), sedangkan kategori baik dan kurang masing-masing sebanyak 12 responden (27,3%). Hasil uji korelasi *Spearman Rank* diperoleh nilai koefisien korelasi ($r = 0,926$) dengan nilai signifikansi ($p = 0,000$) **Kesimpulan:** Terdapat hubungan yang signifikan antara Program UKS dengan Perilaku Hidup Bersih dan Sehat siswa SDN 01 Kedungrejo.

Kata Kunci: Program UKS, Perilaku Hidup Bersih dan Sehat, Siswa Sekolah Dasar

ABSTRACT

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Thesis, July 2026
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The Relationship Between the School Health Program (UKS) and the Clean and Healthy Living Behavior of Students at SDN 01 Kedungrejo Lumajang Jember, 2026

XIX + 113 Pages + 3 Figures + 21 Tables + 1 Flowchart + 16 Attachments

ABSTRACT

Background: Clean and Healthy Living Behavior (PHBS) was a behavior that needed to be instilled from school age in order to improve children's health status. The implementation of PHBS among elementary school students had not been optimal. One of the efforts undertaken to improve PHBS was through the implementation of the School Health Unit (UKS) Program, which included health education, health services, and the development of a healthy school environment. This study aimed to analyze the relationship between the UKS Program and Clean and Healthy Living Behavior among students at SDN 01 Kedungrejo. Methods: This study used a quantitative research design with a correlational method and a cross-sectional approach. The population consisted of 49 students from grades II–V at SDN 01 Kedungrejo, and the sample consisted of 44 respondents who were selected using proportionate stratified random sampling. Data analysis included univariate and bivariate analyses using the Spearman Rank correlation test with a significance level of $\alpha = 0.05$. Results: The results showed that the UKS Program was mostly assessed as poor by 21 respondents (47.7%), moderately adequate by 14 respondents (31.8%), and good by 9 respondents (20.5%). The students' PHBS was mostly in the moderate category, with 20 respondents (45.5%), while the good and poor categories each consisted of 12 respondents (27.3%). The results of the Spearman Rank correlation test showed a correlation coefficient value of $r = 0.926$ with a significance value of $p = 0.000$. Conclusion: There was a significant relationship between the UKS Program and Clean and Healthy Living Behavior among students at SDN 01 Kedungrejo.

Keywords: *School Health Unit Program, Clean and Healthy Living Behavior, Elementary School Students.*