

ABSTRAK

**UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN**

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Hubungan dukungan orang tua dengan tingkat kecemasan anak penderita Demam Berdarah Dengue (DBD) saat pengambilan darah di Ruang Anak RSUD Blambangan Banyuwangi

xvii + 54 Lembar + Daftar Pustaka 2 + 12 Tabel + 8 Lampiran

Abstrak

Anak yang menderita demam dengue sering kali harus menjalani prosedur pengambilan darah. Prosedur ini dapat menimbulkan kecemasan pada anak, terutama jika tidak mendapatkan dukungan emosional yang memadai dari orang tua. Penelitian ini bertujuan untuk menganalisis hubungan antara dukungan orang tua dengan tingkat kecemasan anak penderita Demam Berdarah Dengue (DBD) saat pengambilan darah di Ruang Anak RSUD Blambangan Banyuwangi. Desain penelitian ini menggunakan desain korelasional dengan pendekatan *crosssectional*. Populasi penelitian adalah anak yang didiagnosis DBD yang dirawat di RSUD Banyuwangi rata-rata dalam tiga bulan terakhir ada 40 anak. Sampel berjumlah 40 responden, dipilih menggunakan teknik *Accidental sampling*. Instrumen yang digunakan adalah kuesioner dukungan keluarga dan lembar observasi m-YPAS. Analisis data menggunakan uji rank Spearman. Hasil penelitian menunjukkan sebagian besar dukungan orang tua kategori baik sebanyak 27 orang (67,5%), sebagian besar tingkat kecemasan anak kategori tidak cemas sebanyak 17 anak (42,5%). Ada hubungan antara dukungan orang tua dengan tingkat kecemasan anak penderita Demam Berdarah Dengue (DBD) saat pengambilan darah di RSUD Blambangan Banyuwangi dengan kekuatan hubungan sedang ($p = < 0.000$; $r = -0,617$). Kesimpulannya makin baik dukungan orang tuanya, maka kecemasan anak akan semakin berkurang bahkan tidak mengalami cemas sama sekali. Kehadiran dan keterlibatan aktif orang tua diharapkan dapat membantu anak merasa aman, nyaman saat menjalani prosedur pengambilan darah.

Kata Kunci : Dukungan orang tua, tingkat kecemasan anak, Demam Berdarah Dengue (DBD), pengambilan darah

Daftar Pustaka : (2021 – 2025)

ABSTRACT

**MUHAMMADIYAH UNIVERSITY OF JEMBER
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The relationship parental support and anxiety levels of children with Dengue Hemorrhagic Fever (DHF) during blood sampling in the Pediatric Ward of Blambangan Regional General Hospital (RSUD), Banyuwangi

xvii + 54 Pages + 2 References Lists + 12 Tables + 8 Appendices

Abstract

Children suffering from dengue fever often have to undergo blood sampling procedures. This procedure can cause anxiety in children, especially if they do not receive adequate emotional support from their parents. This study aims to analyze the relationship between parental support and the anxiety levels of children with Dengue Hemorrhagic Fever (DHF) during blood sampling in the Pediatric Ward of Blambangan Regional General Hospital (RSUD), Banyuwangi. This study used a correlational design with a cross-sectional approach. The study population consisted of children diagnosed with DHF admitted to RSUD Banyuwangi, averaging 40 children over the last three months. The sample comprised 40 respondents, selected using an accidental sampling technique. The instruments used were a family support questionnaire and the m-YPAS observation sheet. Data analysis was performed using the Spearman rank test. The results showed that most parental support was in the good category, involving 27 people (67.5%), and most of the children's anxiety levels were in the non-anxious category, involving 17 children (42.5%). There is a relationship between parental support and the anxiety levels of children with Dengue Hemorrhagic Fever (DHF) during blood sampling at RSUD Blambangan Banyuwangi, with a moderate strength of correlation ($p = < 0.000$; $r = -0.617$). In conclusion, the better the parental support, the more the child's anxiety decreases or is even completely prevented. The active presence and involvement of parents are expected to help children feel safe and comfortable while undergoing blood sampling procedures.

Keywords: Parental support, child anxiety level, Dengue Hemorrhagic Fever (DHF), blood sampling

References: (2021–2025)