

ABSTRAK

**UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN**

Skripsi, Juli 2026
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Hubungan Dukungan Keluarga dengan kepatuhan Pengobatan Pasien Diabetes Mellitus Di Poli Penyakit Dalam RSUD Blambangan Banyuwangi

xvii + 60 Lembar + Daftar Pustaka 2 + 9 Tabel + 8 Lampiran

Abstrak

Diabetes melitus (DM) merupakan penyakit metabolik menahun (kronis) yang ditandai dengan meningkatnya kadar glukosa darah di atas batas normal akibat gangguan pada sekresi insulin, kerja insulin, atau keduanya. Penelitian ini bertujuan untuk menganalisis Hubungan Dukungan Keluarga dengan kepatuhan Pengobatan Pasien Diabetes Mellitus Di Poli Penyakit Dalam RSUD Blambangan Banyuwangi. Desain penelitian ini menggunakan desain korelasional dengan pendekatan cross-sectional. Populasi penelitian adalah Semua pasien DM Tipe II yang berobat di Poli Penyakit Dalam RSUD Blambangan Banyuwangi, rata-rata dalam 3 bulan terakhir di bulan oktober-desember 2025 terdapat 161 orang. Sampel berjumlah 115 responden, dipilih menggunakan purposive sampling. Instrumen yang digunakan adalah kuesioner kuesioner MMAS-8. Analisis data menggunakan uji Spearman Rho. Hasil penelitian menunjukkan terdapat hubungan dukungan keluarga dengan kepatuhan pengobatan pasien diabetes mellitus di Poli Penyakit Dalam RSUD Blambangan Banyuwangi 2026, diperoleh nilai $p = 0,001 < \alpha 0,05$. Kekuatan hubungan sebesar **0,311** menunjukkan hubungan yang rendah. Arah hubungan positif, artinya semakin tinggi dukungan keluarga, semakin baik kepatuhan pengobatan pasien DM. Kesimpulannya dukungan keluarga berperan penting dalam meningkatkan kemampuan individu untuk beradaptasi dalam menghadapi stres, penyakit, maupun perubahan kondisi kesehatan yang dialaminya dan kepatuhan dalam pengobatan DM.

Kata Kunci : Dukungan keluarga, kepatuhan minum obat, diabetes melitus
Daftar Pustaka : (2021 – 2025)

ABSTRACT

**MUHAMMADIYAH UNIVERSITY OF JEMBER
UNDERGRADUATE NURSING STUDY PROGRAM
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Ucik Rosida**

The Relationship Between Dietary Adherence and Blood Glucose Levels Among Patients with Diabetes Mellitus in the Tawang Alun Inpatient Ward of Blambangan Regional General Hospital, Banyuwangi

xvii + 60 Pages + 2 References Lists + 9 Tables + 8 Appendices

Abstract

Diabetes mellitus (DM) is a chronic metabolic disease characterized by elevated blood glucose levels above the normal range due to impaired insulin secretion, impaired insulin action, or both. This study aimed to analyze the relationship between family support and medication adherence among patients with diabetes mellitus at the Internal Medicine Outpatient Clinic of Blambangan Regional General Hospital (RSUD Blambangan Banyuwangi). This study employed a correlational research design with a cross-sectional approach. The study population consisted of all patients with Type 2 Diabetes Mellitus receiving treatment at the Internal Medicine Outpatient Clinic of RSUD Banyuwangi, with an average of 161 patients over the past three months in October- desember 2025. A total of 115 respondents were selected using purposive sampling. Data were collected using the 8-item Morisky Medication Adherence Scale (MMAS-8) questionnaire. Data were analyzed using the Spearman's Rank Correlation (Spearman's Rho) test. The results showed a significant relationship between family support and medication adherence among patients with diabetes mellitus at the Internal Medicine Outpatient Clinic of RSUD Blambangan Banyuwangi in 2026, with a p-value of 0.001 (< 0.05). A relationship strength of 0.311 indicates a low level of association. The relationship is positive, meaning that higher family support is associated with better treatment adherence among patients with diabetes mellitus. It can be concluded that family support plays an important role in enhancing individuals' ability to adapt to stress, illness, and changes in their health condition, as well as improving adherence to diabetes mellitus treatment.

Keywords: Family Support, Medication Adherence, Diabetes Mellitus

References: (2021–2025)